

Lycee Calendar - October 2019

| | | | | |
|---|---|--|--|---|
| | Tue - 1 Fried Chicken, Corn on the Cob Caprese Sandwich with Balasamic Vinaigrette Chicken Salad on Croissant | Wed - 2 Chicken Parmesan with Buttered Pasta Seared Polenta with Sweet Pepper Vegetable Ragout Meatball Sub with Mozzarella with Sun Chips | Thu - 3 Roast Turkey Breast with Mashed Potatoes, Gravy and Cranberry Sauce Zucchini and Bell Pepper Frittata French Dip with Au Jus | Fri - 4 BBQ Bacon Cheeseburger on Whole Wheat Bun Cheesesburger on Whole Wheat Bun Quinoa Black Bean Veggie Burger on Whole Wheat Bun |
| Mon - 7 Pad Thai - Beef Pad Thai - Tofu | Tue - 8 Pot Roast DF with Mashed Potatoes Fettucine Alfredo BBQ Chicken Sandwich with Sun Chips | Wed - 9 Chicken and Cheese Tamale with Chipotle Salsa Bean and Cheese Burrito with Chipotle Salsa Chicken Quesadilla with Chipotle Salsa | Thu - 10 Teriyaki Chicken with Pineapple Carrot Rice Teriyaki Tofu with Pineapple Carrot Rice Chicken Apple Sausage Sandwich with Grilled Onions | Fri - 11 Margherita Pizza Four Cheese Pesto Pizza Sausage and Pepperoni Pizza |
| Mon - 14 No School | Tue - 15 Chicken Tikka Masala with Brown Rice Vegetable Curry with Brown Rice Italian Subs (Ham, Turkey, Salami and Provolone) with Sun Chips | Wed - 16 Beef Mexican Lasagna Cheese Mexican Lasagna Carnitas Quesadilla (pork) | Thu - 17 Coq an Vin with Buttered Pasta Quiche Florentine Croque Monsieur | Fri - 18 Mushroom Swiss Turkey with Baked Chips Turkey Burger with Caramelized Onions with Baked Chips Garden Burger with Garlic Aioli with Baked Chips |
| Mon - 21 No School | Tue - 22 No School | Wed - 23 No School | Thu - 24 No School | Fri - 25 No School |
| Mon - 28 Farmers Market Pasta Salad - Chicken Farmers Market Pasta Salad - Veg | Tue - 29 Honey Mustard Chicken Drumsticks with Brown Rice & Veggie Pilaf Tri Color Pasta Primavera parmesan on the side Tuna Salad on Croissant | Wed - 30 Whole Wheat Pasta Bolognese Vegetable Lasagna Blackened Chicken Club Wrap with Sun Chips | Thu - 31 Chicken Cassoulet Corn and Green Chile Frittata BBQ Chicken Wrap | |